

Beautywithin

Skincare Salon



MENU - 2009

Qualified Health & Beauty Therapists

I.T.E.C

Tel (011) 849-4478

44 Aerodrome Drive

Northmead Benoni

e-mail : cindy@beautywithin.co.za

Stockists of Dermalogica, Environ, Ahava
Coverderm, Shzen, & Creative Nails.

DERMALOGICA FACIALS

When clear, fresh & healthy skin is of key importance, come for one of these specialized facials. All our Dermalogica Facials (except the Express Facial) include a unique face mapping analysis, a shoulder & neck massage and a hair treatment with scalp massage.

Dermalogica Facial – Normal Skin

The signature treatment from Dermalogica, customised and unique for every client. This luxury facial is specific to suit your skins needs. Ideal for 1st time clients

Duration: 1 hour 30 min

R285.00

AGE Smart Facial – Mature Skin, dry, wrinkled.

For the ultimate in skin therapy, give your skin a revitalizing power boost with this intense treatment designed to regenerate & energize your skin. Potent vitamin & hydroxy acid exfoliation resurfaces & retexturizes skin. Includes a specialized eye contour masque, which will leave the area around your eyes noticeably firmer & smoother.

Duration: 1 hour 45 min

R345.00

Environmental Control Facial – Sensitive Skin

If you suffer from red, inflamed skin, you need this facial. Suited for sensitive, itchy skin, perfect for eczema sufferers. All the ingredients consist of soothing botanicals as well as a calming oatmeal masque that will instantly reduce inflammation.

Duration: 1 hour 30 min

R300.00

Skin Brightening Facial – Pigmentation

For severe blemished & pigmented skin. We will use appropriate serums & masques to lighten & refine your skin.

Duration: 1 hour 30 min

R300.00

Medi Bac Facial – Adult Acneic Skin

A results driven facial for acne. We will focus on thoroughly cleaning & exfoliating your skin. Removal of impurities and an effective anti-bacterial masque to absorb excess oil and clear your skin.

Duration: 1 hour 30 min

R320.00

Business Men's Facial

Exclusively suited for the demands of men's skin, helping to soothe shaving bumps and irritation to achieve blemish free skin. A deep cleanse to de-congest and refresh dull devitalised skin. Also includes a deep muscle neck, shoulder & scalp massage with hair treatment.

Duration: 1 hour 15min

R 250.00

Gents, please shave prior to your facial.

Express Facial

A no fuss effective facial designed especially for the rushed man or woman. An instant pick me up, deep cleansing, exfoliation, intensive masque and super boost hydration. Includes a scalp massage.

Duration: 45 min

R170.00

ENVIRON FACIALS

A South African product, scientifically shown to be of value in assisting the skin with premature aging and preventing sun damage.

Environ Luxury Facial

A rejuvenating and deep cleansing facial, consisting of vitamin A and Alpha Hydroxy Acids, this softens and exfoliates the skin. Includes specialized treatments for your skin type. Also includes a skin analysis, all facial waxing & brow shaping. A relaxing facial massage, neck & shoulder massage, a hand massage and a hair treatment with a scalp massage.

Duration: 1 hour 15 minutes **R250.00**

Environ Mini Cleanse Facial

A quick and effective no fuss facial, which includes cleansing, exfoliating, steaming, removal of impurities and a specialized masque to suit your skin type. Includes Brow waxing & shaping.

Duration: 45 minutes **R150.00**

Environ Luxury Men's Facial

An intensive cleansing facial, to de-congest & purify the skin. We will address your main skin concerns with a specialized rubber masque. Includes a deep muscle neck, shoulder & scalp massage with hair treatment.

Duration: 1 hour **R240.00**

Environ Mini Cleanse Facial for men

A quick yet effective deep cleanse facial. Includes cleansing, exfoliation, steaming, and removal of impurities, ending with a skin specific masque.

Duration: 45 min **R150.00**

Environ Kids Mini Cleanse (under 16 yrs old)

A quick & gentle facial which includes a thorough cleanse, steam, exfoliation, gentle removal of impurities & a mask designed for your child's skin type.

Duration: 45 minutes **R100.00**

OLOS NATURA FACIALS

An Italian product based on natural botanicals and aromatherapy oils.

OLOS Luxury Facial

We offer 4 unique luxury facials in this product range. Specific skin care designed for your skin type. **Dry/dehydrated, anti-wrinkle for mature skin, Oily problematic, or very sensitive delicate skin.** A lovely calming facial, which includes a skin analysis, all facial waxing & brow shaping. A relaxing aromatherapy facial massage, neck & shoulder massage, a hand massage and a hair treatment with a scalp massage.

Duration: 1 hour 30 minutes **R270.00**

Olos Mini Cleanse

A quick calming facial, which includes cleansing, exfoliation, steaming, removal of impurities, ending off with a skin-specific masque. Includes brow waxing & shaping.

Duration: 1 hour **R170.00**

Olos Pumpkin Facial

A luxury unique facial, rich in pumpkin extract, designed for combination skin, leaves a matt finish on the T-zone & moisturises the skin perfectly. Includes a skin analysis, all facial waxing & brow shaping. A relaxing aromatherapy facial massage, neck & shoulder massage, a hand massage and a hair treatment with a scalp massage.

Duration: 1 hour 30 minutes **R320.00**

CHOCOLATE FACIAL

A decadent luxury facial, boosting and anti-aging. Provides hydration and comfort to dull, tired devitalized skin. Contains cocoa mass and cucumber extracts. A chocolate fondue guaranteed to refine and lighten your skin giving it a renewed and radiant appearance. Includes a skin analysis, all facial waxing & brow shaping. A relaxing facial massage, neck & shoulder massage a hand massage and a hair treatment with a scalp massage.

Duration: 1 hour 30 min

R300.00

BABOR FACIALS

Well-being for body & soul. A German product, which provides tailor-made pampering treatments dedicated to the specific needs of your skin.

Babor Classic Facial

Specific skincare intensive facial, includes a stimulating mask to suit your specific skin type. Includes a skin analysis, all facial waxing & brow shaping. A relaxing facial massage, neck & shoulder massage, a hand massage and a hair treatment with a scalp massage.

Duration: 1 hour 30 minutes

R300.00

Babor Mini Cleanse

A quick invigorating facial that includes cleansing, exfoliation, steaming, removal of impurities, ending off with a skin-specific masque. Includes brow waxing & shaping.

Duration: 1 hour

R180.00

MASSAGE TREATMENTS – Ladies only

Swedish Full Body Massage

A deep vigorous massage, which relieves stress & tension and breaks down cellulite.

Duration:	Back	45 hour	R170.00
	includes exfoliation and scalp massage with hair treatment.		
	Full Body	1 hour	R270.00

Hot Stone Full Body Massage

A deep calming & comforting massage using heated basalt stones, which relieves muscular aches & pains. Guaranteed to leave you feeling incredibly relaxed.

Duration:	Full body	1 hour 30 minutes	R290.00
	Back	1 hour	R190.00

Hot Stone Therapy with Scentao Babor Facial

This uplifting anti-stress treatment consists of Asian plants. Includes a body cleanse, a facial and a full body oriental hot stone body massage. An experience you cannot afford to miss.

Duration:	1 hour 30 minutes	R360.00
-----------	-------------------	----------------

Foot Massage

Includes a warm foot spa treatment, leg & foot exfoliation, ending with a relaxing foot & ½ leg massage.

Duration:	30 minutes	R80.00
-----------	------------	---------------

AROMATHERAPY TREATMENTS

The fragrant art of using aromatic essential oils for therapeutic purposes. We will mix a blend of oils specifically for you, according to your state of health & mind. A calming & extremely soothing massage guaranteed to leave you feeling relaxed and free of anxiety.

Full Body (includes face & scalp)

Duration:	1 hour	R280.00
-----------	--------	----------------

Aromatherapy Back & Neck Massage (includes scalp)

Duration:	1 hour	R180.00
-----------	--------	----------------

REFLEXOLOGY

A calming therapy for body, mind & soul, as well as healing and therapy for the feet.

Improves circulation, eliminates toxins. Reduces stress & maintains a balance.

First Appointment includes medical questions & consultation

Duration:	1 hour	R150.00
-----------	--------	----------------

Second Appointment & thereafter

Duration:	45 minutes	R140.00
-----------	------------	----------------

INDIAN HEAD MASSAGE

A unique scalp experience, concentrating on the zones in the face and head, upper back, shoulders & neck using aromatherapy oils.

Duration:	30 minutes	R110.00
-----------	------------	----------------

SPA TREATMENTS

Ahava Full Body Mineral Mud Wrap

An all over Dead Sea salt exfoliation with a mud wrap & scalp massage, followed by a refreshing shower and ending with an application of Ahava body lotion.

Duration: 1 hour **R250.00**

Ahava Salt Glow Treatment

Full body exfoliation. Dead sea salts leave the skin silky smooth and moisturized. Followed by an invigorating shower. Includes full body massage and scalp massage.

Duration: 1 hour 30 minutes **R295.00**

Ahava Dead Sea Salt Exfoliation

A full body exfoliation with oil, which removes dead skin cells, improves circulation, tones and refines the skin. Great for before sun bed or a holiday.

Duration: 30 minutes **R130.00**

Pure Joy Ahava Body Treatment

A pampering anti-aging treatment with the tempting aromas of Syringa & Green Apple. Begin with full body butter salt exfoliation. Detox with a seaweed Body mud mask to drain toxins. Followed by an invigorating shower & a soothing sea salt bath. Indulge in a full body massage, as Body Sorbet Caress melts on your skin, ending with a Multi-Vitamin Dry Oil formula to envelope you in a hydrating mist, which leaves your skin soft and glowing.

Duration: 1 hour 30 minutes **R320.00**

Earth Spa African Body Treatment

A unique African treatment, combining Honey & Milk. Includes a full body Marula oil exfoliation, Body Mask, calming bath soak, followed by a full Body Massage. Enjoy the experience of shea butter, baobab oil, hemp oil and Mongongo nut oil. Guaranteed to revitalize, soften and hydrate the skin.

Duration: 1 hour 30 minutes **R320.00**

Ahava lavender Milk Bath

A deeply relaxing Cleopatra milk bath to relieve pain, stress and tension. Come soak and unwind in our ozone Jacuzzi bath.

Duration: 30 minutes **R85.00**

Back Cleanse

Special deep cleanse for the hard to reach back area. To clear congested & problematic skin.

Duration: 45 minutes **R140.00**

FULL DAY & ½ DAY PACKAGES

All packages can be modified to your specification. If you have a special occasion, come and talk to us first and we will design a package especially for you to make your day memorable.

Heavenly Escape ½ day Package

Full body Dead Sea salt exfoliation, shower, lavender milk bath, back & neck massage, Environ luxury facial, hair treatment & scalp massage, paraffin wax pedicure & paraffin wax manicure. Includes fruit, muffin, cheese, biscuits, tea/coffee/juice etc

Duration: 4 ½ hours **R650.00 (value R800.00)**

Ultimate Retreat – Full Day package

Full body Dead Sea salt exfoliation, Ahava Mineral Mud wrap, shower, Lavender Milk bath, Hot Stone full Body Massage, Dermalogica Luxury Facial, with Hair treatment & scalp massage, Spa Pedicure & Spa Manicure. Includes light snacks: fruit, muffin, cheese, biscuits, juice/tea/coffee etc.

Duration: 7 hours

R950.00(Value R1250.00)

Total Relaxation & Pamper Package

Are you feeling exhausted & stressed out? Come & treat yourself to an invigorating ozone bubble bath, a full body calming aromatherapy massage combined with an Indian Head Massage & ending with Reflexology. You deserve it!

Duration: 3 hours 30 minutes

R450.00 (value R590.00)

Birthday Bliss Package

Spoil your loved one or friend. Includes an Environ mini facial combined with a manicure & Spa Pedicure. A great birthday present.

Duration: 1 hour 30 minutes

R350.00

Teen Spa Package

Essential care for teenagers. Deep cleansing mini facial, includes eyelash & eyebrow tinting and brow shaping, a mini manicure & relaxing pedicure.

Duration: 2 hours

R345.00

Bridal Packages

We have provided 2 stunning packages to relax you and prepare you for your big day.

Bridal Package No 1

Back & neck massage, includes back exfoliation.

Environ Luxury Facial, includes facial waxing, hair treatment with scalp massage.

French gel pedicure, bridal make-up. Includes snacks & Juice/tea/coffee

Duration: 3.5 hours

R750.00

Bridal Package No 2

Ahava dead sea salt exfoliation, shower, followed by a full body massage. Dermalogica luxury facial includes facial waxing & lash & brow tinting, hair treatment with scalp massage, French gel pedicure, and bridal make-up. Includes snacks & Juice / Tea/ Coffee.

Duration: 4.5 hours

R895.00

HANDS & FEET

PEDICURES

Classic Pedicure

Duration: 1 hour R140.00

French Pedicure

Duration: 1 hour 10 minutes R150.00

Paraffin Wax Pedicure

Duration: 1 hour 15 minutes R170.00

Paraffin French Pedicure

Duration: 1 hour 20 minutes R175.00

Classic Pedicure With Gel Overlay

Duration: 1 hour 40 minutes R250.00

MANICURES

Classic Manicure

Duration: 1 hour R 115.00

French Manicure

Duration: 1 hour 15 minutes R 125.00

Paraffin wax Manicure

Duration: 1 hour 15 minutes R 135.00

Paraffin French Manicure

Duration: 1 hour 20 minutes R 145.00

Additional Masks for Hands & Feet

Dead Sea Mineral Mud R 25.00

Shzen Foot & Hand mask R 25.00

Paraffin Wax for Feet R 45.00

Paraffin Wax for Hands R 35.00

MAKE-UP

Day Make-up R145.00

Evening Make-up R155.00

Any Trial Make-up R120.00

Bridal Make-up R180.00

Make-up Wedding Extras R130.00

Make Up Consultation R160.00

TINTING

Eyelash Tinting R 45.00

Eyebrow Tinting R 30.00

Eyebrow Tinting including Wax & shape R 45.00

Eyelash & Eyebrow Tint (with shape) R 70.00

WAXING

Full Leg		R125.00
¾ leg		R110.00
½ leg		R 95.00
Bikini Wax (normal)		R 55.00
G-String Bikini Wax		R 65.00
Brazilian Bikini wax - line		R100.00
Hollywood Bikini Wax - full hair removal	(from)	R125.00
Underarm		R 50.00
Full Arm wax		R 90.00
½ Arm wax		R 65.00
Face wax / chin / lip / brows / sides		R 80.00
Lip or Chin	(per)	R 35.00
Brow wax & shape		R 35.00
Toes and feet		R 35.00
Tummy wax (strip)		R 40.00
Tummy Wax (full)		R 50.00
Buttocks		R 60.00

SLIMMING

G5 per treatment (1x)	30 minutes	R 80.00
G5 package x 10 treatment sessions		R450.00
Includes recommended Diet plan, measurements and Continues assessments.		

MELT AWAY WRAP TREATMENT

Revolutionary treatment in the reduction of cellulite. Reduce centimeters. Tighten and contour the whole body. Immediate visible results after your first wrap!

1 x wrap	1 hour 30 minutes	R 275.00
Wrap package x 5		R1300.00
Includes 1 free Age Away non-Surgical Facelift		
Wrap package x 10		R2300.00
1 free Age Away Non-Surgical Facelift		

AGE AWAY NON-SURGICAL FACELIFT

Reduce your fine lines and wrinkles. Dramatic results in one hour. Age away tones, firms, lifts and tightens the skin. Promotes blood circulation and removes impurities from deep within the skin tissue. The products combine specialized amino acids and enzymes with Vitamin C to restore skin elasticity.

Facial includes, Cleanse, Tone, Firming mask, hair treatment with scalp massage, nutrient oil, & moisturiser.

Duration:	1 hour	R275.00
-----------	--------	----------------

NAILS

Gel / Acrylic / Fiber

Full Set Tips	R220.00
Fill	R120.00
Hands overlay	R180.00
Toes overlay	R120.00
Soak off	R50.00
Nail art	R10.00 per nail
Nail fix	R22.00 per nail

TREATMENTS FOR MEN ONLY

Back Cleanse for men

Special deep cleanse for the hard-to-reach back area. To clear congested & problematic skin.

Duration: 45 minutes **R150.00**

WAXING FOR MEN

Full leg wax **R160.00**

½ leg wax **R120.00**

Chest wax (from) **R100.00**

Back wax (from) **R100.00**

HANDS AND FEET FOR MEN

The humble hand is your ultimate social trump card. It's the first thing you offer a prospective boss and it's what your wife will take in marriage. If your idea of nail maintenance is a light daytime snack, you're probably in dire need of a good manicure.

Manicure R100.00

Pedicure R120.00

Paraffin wax R 45.00

MASSAGE FOR MEN

De-Stress Back & Neck Massage

Includes a back exfoliation & Hair treatment with scalp massage.

Duration: 1 hour **R185.00**

Hot Stone Back Massage

A deep massage using heated stones to relieve pain and tension.

Includes a back exfoliation with hair treatment & scalp massage.

Duration 1 hour **R195.00**

Businessmen's De-Stress Package

Enjoy a Swedish back massage, ending off with an intensive scalp massage. Then bubble away in an ozone bath, followed by an Environ men's facial.

Duration: 2 hours 30 minutes **R450.00 (value R550)**

HOURS OF TRADING

Monday – Thursday 08:00 to 18:00
Friday 08:00 to 17:00
Saturday 08:00 to 16:00

Check in policy

Please arrive 5 minutes prior to your scheduled appointment to fill out a client record card and to enjoy the full benefit of your treatment time. If you arrive late we will finish your treatment on scheduled time as not to make other clients wait.

Gift Vouchers

Are wonderful to give, but especially nice to receive. Makes an ideal gift for any occasion. Can be purchased for treatments or products.

Cell Phones

To ensure the total comfort and relaxation of our clients, please ensure that your cell phones are turned off.

Liability

Your valuables are your responsibility and we cannot be held liable for any loss, damage or injuries sustained or incurred on our premises.

Rates

Prices subject to change without prior notice. Price reductions will be considered on frequency of treatments or in specialised packages.

Please note

- House calls on request
- 10% discounts for pensioners
- 10% discount for teenagers up to the age of 18 yrs
- Please advise your therapist on preferred pressure of massage
- Phone in your gift voucher order with credit card details and we can prepare and deliver the voucher for you (48 hours notice)
- Please bring slops or sandals when having a pedicure.
- Products and gift vouchers are not refundable.
- If we especially order a product for you, we can only keep the products up to a week for you, thereafter we have to return it to the shelf.

Cancellation Policies

- As our therapists are scheduled especially for you, we require a 24 hour cancellation or re-scheduling time or a fee may be charged.
- For group spa bookings **50%** deposit is required or your gift voucher number to secure your booking.
- No treatments will be performed without presentation of your voucher.

SPA GUIDELINES

- Please arrive 10 minutes before your spa treatments so you may leisurely change and prepare for your treatments.
- Please advise your therapist on preferred pressure of massage
- Ensure cellular phones are switched off at all times.
- For your comfort and privacy, disposable G-strings will be provided for body treatments.
- You may bring a costume if you wish, please bring something to tie your hair up. Do not wear any jewelry.
- Please ensure that you drink a glass of water prior to any spa treatment to prevent dehydration.

Please alert your therapist to the following:

- High blood pressure or heart conditions
- Muscle or joint injuries
- Pregnancy, diabetes or epilepsy
- Recent surgery